

FACTS ABOUT MOLD

Did you know that...

- **Outdoors**, molds play a part in nature by breaking down dead organic matter such as fallen leaves and dead trees...
- But **indoors**, mold growth should be avoided.
- Molds reproduce by means of **tiny spores**;
- The spores are invisible to the naked eye and float through outdoor and indoor air.
- Molds may begin growing indoors when mold spores land on **surfaces that are wet**.
- There are many types of mold, and none of them will grow without **water or moisture**.
- Molds have the potential to cause health problems
- Molds produce **allergens**—substances that can cause allergic reactions—irritants—and in some cases, potentially toxic substances—mycotoxins.
- **Inhaling or touching** mold or mold spores may cause allergic reactions in sensitive individuals.
- Allergic responses include **hay fever-type symptoms**, such as sneezing, runny nose, red eyes, and skin rash (dermatitis).
- Allergic reactions to mold are common.
- Molds can also cause asthma attacks in people with asthma who are allergic to mold.
- In addition, mold exposure can irritate the eyes, skin, nose, throat, and lungs of both mold-allergic and non-allergic people.
- For more detailed information consult a health professional.

*Let the experts at Mid-Atlantic laboratories help you
find out if you have a Mold problem*